

DSM 2021 Luzern

15./16. Mai 2021



Rang	Name	Verein	Kategorie	Körpergewicht	Gewichtsklasse	Geb. Datum	Squat			Bench			Deadlift			Total	Dots
							1	2	3	1	2	3	1	2	3		
1.	Carina Hess	Powerlifting Wil	Open	61.5	-63	12.30.1999	115	122.5	127.5	57.5	-62.5	-62.5	127.5	135	142.5	327.5	357.48
2.	Deborah Pungitore	Schwerathletik Nordwest	Open	62.4	-63	07.27.1990	117.5	125	-130	70	75	-80	117.5	127.5	-132.5	327.5	354.3
3.	Laura Rettig	Kraftsportverein Thun / Berner Oberland	Open	62	-63	06.02.1992	100	107.5	112.5	57.5	60	62.5	130	140	147.5	322.5	350.27
1.	Andrea Marx	Schwerathletik Nordwest	Open	68.9	-69	03.27.1993	115	130	142.5	75	85	90.5	165	175	-182.5	408	416.3
2.	Tamara Thoma	Elemental Athletes	Open	67.3	-69	08.18.1993	115	120	125	75	80	82.5	145	152.5	160	367.5	380.06
3.	Mirjam Amelal	Kraftdreikampf Klub der Sportfreunde	Open	66.4	-69	09.09.1992	112.5	120	125	75	80	-82.5	135	142.5	-147.5	347.5	362.2
4.	Cindy Munz	Powerlifting Wil	Open	68.9	-69	02.21.2000	110	117.5	122.5	60	-65	-65	140	150	-155	332.5	339.26
5.	Christine Röthlisberger	Schwerathletik Nordwest	Open	68.4	-69	12.17.1998	115	122.5	-127.5	52.5	57.5	60	120	127.5	135	317.5	325.3
1.	Krystyna Waterhouse	Powerlifting Beider Basel	Open	83.6	69+	05.14.1995	160	-167.5	-167.5	100	105	110	165	182.5	-190	452.5	417.32
2.	Victoria Moser	Powerlifting Wil	Open	72.3	69+	12.27.1997	140	145	147.5	72.5	77.5	80	150	160	170	397.5	394.85
3.	Riccarda Küng	Elemental Athletes	Open	74.1	69+	12.20.1999	127.5	137.5	145.5	60	65	-70	160	167.5	172.5	383	375.43
5.	Nadine Schöb	Powerlifting Wil	Open	73.3	69+	02.12.1999	122.5	130	132.5	65	67.5	-72.5	140	150	160	360	354.95
4.	Angie Clark	Kraftsportverein Thun / Berner Oberland	Open	117.8	69+	06.21.1969	115	125	135	85	-90	-90	150	160	-170	380	306.53
6.	Debora Fischer	Barbell Club Landquart	Open	80.7	69+	08.24.1991	100	110		67.5	75	-80	110	120	125	310	290.84
1.	Alain Jost	Schwerathletik Nordwest	Open	73.8	-74	09.11.1997	200	212.5	220	135	145	-155.5	252.5	265	-270	630	456.7
2.	Alexandre Perret	Geneva Powerlifting	Open	66	-74	06.01.1991	125	135	-142.5	105	112.5	120	165	172.5	182.5	437.5	342.73
3.	Janis Brunner	Barbell Club Landquart	Open	57.9	-74	12.29.1993	120	-130	-130	-85	95	-100	165	180	190	405	352.17
1.	Raphael Sauta	Powerlifting Zug	Open	82.6	-83	11.18.1994	210	225	235	165	-175	-175	260	280	290	690	467.08
2.	Sven Sigrist	Schwerathletik Nordwest	Open	81.1	-83	07.03.1988	212.5	225	232.5	142.5	150	152.5	240	255	270	655	448.06
3.	Remo Schmid	Barbell Club Landquart	Open	81.1	-83	07.05.1997	190	207.5	-210	127.5	135	-142.5	245	255	-262.5	597.5	408.73
4.	Mathias Braun	Schwerathletik Nordwest	Open	82.9	-83	10.21.1977	210	222.5	232.5	125	135	-140	210	225	-235	592.5	400.26
5.	Cyril Dörfler	Powerlifting Beider Basel	Open	82.1	-83	09.28.1993	182.5	192.5	200	95	102.5	110	192.5	207.5	220	530	360.01
6.	Severin Woodtli	Kraftdreikampf Klub der Sportfreunde	Open	82.8	-83	06.28.1997	160	170	180	100	107.5	-110	180	200	210	497.5	333.61
7.	Sandro Trottmann	Powerlifting Wil	Open	77.2	-83	02.22.1988	170	180	-190	105	112.5	115	170	182.5	-190	477.5	336.41
8.	David Ochsner	Schwerathletik Nordwest	Open	76.6	-83	06.29.1993	140	152.5	-160	112.5	120	-125	175	190	200	472.5	334.5
9.	Kevin von Niederhäusern	Geneva Powerlifting	Open	82.6	-83	06.22.1992	145	155	-165	115	122.5	127.5	180	190	-200	472.5	319.85
10.	Cédric Schöni	Powerlifting Wil	Open	80.6	-83	05.11.1998	155	-162.5	167.5	100	107.5	-110	170	177.5	182.5	457.5	314.09
11.	Benjamin Hostettler	Oucast Strength System	Open	79.8	-83	02.28.2004	145	152.5	160	85	90	95	162.5	170	177.5	432.5	298.67

1.	Dennis Goodtzov	Powerlifting Zug	Open	91.5	-93	11.22.1996	217.5	230	237.5	137.5	145	150	265	280	285	672.5	431.28
2.	Julian Kohler	Schwerathletik Nordwest	Open	91.8	-93	09.19.1995	230	237.5	242.5	165	-172.5		240	255	262.5	670	428.98
3.	David Wasserfallen	Geneva Powerlifting	Open	91.3	-93	05.13.2001	215	222.5	-230	160	-167.5	167.5	235	250	260	650	417.3
4.	Fabian Baumgartner	Powerlifting Zug	Open	92.8	-93	07.23.1993	215	-222.5	227.5	135	145	150	230	245	252.5	630	401.25
5.	Aljosha Friedländer	Powerlifting Zug	Open	91.7	-93	12.10.1986	210	225	232.5	132.5	140	-142.5	227.5	240	250	622.5	398.78
6.	Axel Mermin	Geneva Powerlifting	Open	90.9	-93	06.28.1994	185	197.5	205	155	165	170	220	232.5	-245	607.5	390.86
7.	Peter Hofer	Schwerathletik Nordwest	Open	88.6	-93	08.22.1963	165	175	180	110	115	117.5	200	210	215	512.5	334.04
8.	Nicholas Larson	Outcast Strength System	Open	91.3	-93	07.20.1995	160	170	180	95	100	105	180	195	210	495	317.79
9.	Bogdan Krumov	Powerlifting Beider Basel	Open	92.3	-93	05.01.1981	140	160	172.5	127.5	-132.5	-132.5	160	185	-200	485	309.71

1.	René Caky	Schwerathletik Nordwest	Open	102.4	-105	11.06.2000	280	300	-310	180	200	210	300	330	-340	840	511.84
2.	Benjamin Brög	Powerlifting Wil	Open	103.1	-105	06.30.1990	260	280		175	-190	192.5	250	270	-275	742.5	451.15
3.	Eric da Costa	Powerlifting Beider Basel	Open	102.7	-105	04.01.1997	230	240	250	145	155	165	260	280	290	705	429.06
4.	Jim Freid	Powerlifting Wil	Open	100.3	-105	09.27.1994	217.5	230	235	145	150	-155	270	290	302.5	687.5	422.62
5.	Felix Schelbert	One Rep Strength	Open	100.8	-105	02.16.1995	220	230	235	142.5	152.5	160	245	260	270	665	407.92
6.	Shane Mohler	Powerlifting Wil	Open	103.8	-105	06.30.1995	220	230	237.5	127.5	135	-140	240	250	-260	622.5	377.19
7.	Jonas Arnold	Barbell Club Landquart	Open	102.7	-105	05.28.1999	220	230	240	122.5	130	137.5	227.5	240	-245	617.5	375.81
8.	Leon Backwinkel	Schwerathletik Nordwest	Open	96.6	-105	03.28.1992	175	185	192.5	140	145	150	205	215	-220	557.5	348.46
9.	Niklaus Haldimann	Kraftsportverein Thun / Berner Oberland	Open	102.1	-105	08.01.1998	170	-185	-185	130	140	-150	200	220	-225	530	323.35

1.	Zeljko Bekcic	Barbell Club Landquart	Open	113.9	-120	07.17.1990	210	220	230	170	180	185	240	250	262.5	677.5	396.16
2.	Daniele Pola	Barbell Club Landquart	Open	106.8	-120	10.10.1997	230	240	250	145	155	165	230	250	-265	665	398.36
3.	Claas Lemkemeier	Elemental Athletes	Open	111.2	-120	09.05.1989	195	202.5	210	125	130	135	200	212.5	220	565	333.28

1.	Christoph Buechi	Barbell Club Landquart	Open	133.6	120+	04.09.1975	270	285	295	185	195	200	285	305	310	805	447.11
2.	Pascal Imhof	Barbell Club Landquart	Open	123.3	120+	05.06.1982	245	255	-262.5	190	200	-205	280	295	300	755	429.77
3.	Sean Koch	Barbell Club Landquart	Open	141.3	120+	11.03.2000	250	275	290	140	150	165	240	260	280	735	401.76

Best Lifter

	Teamwertung	Dots
1.	Schwerathletik Nordwest	1415
2.	Powerlifting Zug	1299
3.	Barbell Club Landquart	1284