

## Resultate Junior, Master und Bench SM 2025 Trimbach b. Olten

Subjunior Frauen -69 Kg																					
Rang	Name	Geschlecht	Alter	Alterskategorie	Körpergewicht	Gewichtsklasse	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Team
1	Sydney Leheny	F	15	Sub-Junior	65.1	69	105	115	-120	115	65	70	72.5	72.5	135	142.5	150	150	337.5	355.40	Atlas Gym
Subjunior Frauen -76 Kg																					
1	Flora Filipe	F	17	Sub-Junior	75.1	76	130	140	-145	140	77.5	82.5	87.5	87.5	100	120	-135	120	342.5	333.35	Team Powerlifting Lausanne
Junior Frauen -87 Kg																					
1	Lee-lou Cornebert	F	18	Junior	45.8	47	95	97.5	97.5	97.5	47.5	52.5	-55	52.5	105	112.5	117.5	117.5	267.5	357.40	Geneva Powerlifting
Junior Frauen -57 Kg																					
1	Coralie Tschanz	F	21	Junior	56.5	57	110	117.5	125	125	55	60	-65.5	60	140	150	157.5	157.5	342.5	394.68	Geneva Powerlifting
Junior Frauen -63 Kg																					
1	Aurea Meier	F	21	Junior	62.7	63	95	105	112.5	112.5	67.5	72.5	75	75	130	137.5	-145	137.5	325	350.56	Atlas Gym
Junior Frauen -69 Kg																					
1	Anja Buchmann	F	21	Junior	67.4	69	125	132.5	140	140	77.5	-82.5	82.5	82.5	162.5	177.5	187.5	187.5	410	423.64	Kraftdrempf Klub der Sportfreunde
Junior Frauen -76 Kg																					
1	Sarah Jaeggi	F	19	Junior	74.4	76	170	180.5	180.5	180.5	95	95	-100	95	185	196	-210	196	474.5	457.84	Kraftdrempf Klub der Sportfreunde
2	Anouk Senrich	F	19	Junior	72.3	76	120	130	137.5	137.5	60	67.5	75	75	130	142.5	150	150	362.5	360.09	One Rep Strength
3	Lara Gerber	F	19	Junior	71.9	76	120	-127.5	127.5	127.5	57.5	60	62.5	62.5	125	130	135	135	325	323.82	Outcast Strength System
Master Frauen -63 Kg																					
1	Cinzia Zehner	F	39	Master	62.3	63	122.5	130	-136	130	67.5	-70	70.5	70.5	170	187.5	-193	187.5	388	420.16	Schwerathletik Nordwest
DD	Váňahana Rákoktoniaina	F	46	Master	62.6	63	120	130	-135	130	-52.5	-52.5	-52.5		140	150	-155	150	315	330.08	Atlas Gym
Master Frauen -69 Kg																					
1	Iryna Kuprynenka	F	44	Master	65.8	69	110	-115	115	115	65	-70	70	70	115	122.5	130	130	315	330.08	Schwerathletik Nordwest
Master Frauen -84 Kg																					
1	Kirstin Frick	F	45	Master	82	84	130	136	140.5	140.5	62.5	65	-67.5	65	142.5	152.5	-159.5	152.5	358	333.25	Outcast Strength System
Master Frauen -84+ Kg																					
1	Marlene Glasmann	F	41	Master	89	84+	135	140	145	145	77.5	80	82.5	82.5	175	183	185.5	185.5	411	370.03	Outcast Strength System
Subjunior Männer -74 Kg																					
1	Mykola Vadaturskyi	M	18	Sub-Junior	72.7	74	145	-152.5	152.5	152.5	100	105	107.5	107.5	165	180	-187.5	180	440	322.13	CLHM
Subjunior Männer -83 Kg																					
1	Balint Naray	M	16	Sub-Junior	79.5	83	135	142.5	147.5	147.5	-95	95	100	100	180	190	200	200	447.5	309.72	Team Schwerathletik Nordwest
Subjunior Männer -93 Kg																					
1	Matthew Michon	M	15	Sub-Junior	91.9	93	170	182.5	-190	182.5	105	110	112.5	112.5	-210	210	225	225	520	332.76	Team Powerlifting Lausanne
Subjunior Männer -120 Kg																					
1	Henry Edzwick	M	16	Sub-Junior	115.8	120	75	85	-92.5	85	60	65	70	70	95	110	120	120	275	359.87	Team Outcast Strength System
Junior Männer -74 Kg																					
1	Ilan Pless	M	18	Junior	73.5	74	190	200	205	205	112.5	117.5	120	120	220	230	-235	230	555	403.41	Kraftdrempf Klub der Sportfreunde
2	Charvin Mattéo	M	21	Junior	73.3	74	177.5	185	190	230	117.5	-120	120	120	210	222.5	230	230	537.5	391.38	Powerlifting Lausanne
4	Mateo Suarez Gomez	M	20	Junior	72.6	74	165	165	170	170	95	102.5	105	105	-227.5	232.5	240	240	515	377.39	Geneva Powerlifting
5	Corey Kuroki	M	18	Junior	69.3	74	150	160	165	165	82.5	87.5	-92.5	87.5	170	182.5	-190	182.5	435	328.05	Neuchâtel Force
Junior Männer -83 Kg																					
1	Toni Elmer	M	18	Junior	81.8	83	220	225	-230	225	130	132.5	137.5	137.5	220	230	235	235	597.5	403.91	Powerlifting Wil
2	Josiah Messina	M	21	Junior	81.3	83	180	192.5	197.5	197.5	112.5	117.5	122.5	122.5	245	245	245	245	582.5	397.80	C.H. Châtelaine Section halérophilie
3	Florian Aggias	M	22	Junior	81.2	83	170	-180	-180	205	120	127.5	-132.5	127.5	235	253	-260	253	580.5	394.86	CLHM Club lausannois d'halérophilie et de musculation
4	Ramon Andermatt	M	22	Junior	75.2	83	170	180	180	180	125	130	135	135	200	210	220	220	535	383.17	Outcast Strength System
6	Jesus Povodano	M	18	Junior	80.9	83	155	-167.5	-167.5	155	105	117.5	-122.5	117.5	210	220	-225	220	492.5	337.39	C.H. Châtelaine Section halérophilie
Junior Männer -93 Kg																					
1	Thomas Fujita	M	22	Junior	92.4	93	250	267.5	-271.5	267.5	177.5	180	-193	190	270	283	-295.5	283	740.5	472.62	Geneva Powerlifting
2	Berjamin Hostettler	M	20	Junior	91.9	93	210	222.5	232.5	232.5	90	100	115	115	220	237.5	250	250	597.5	382.36	Outcast Strength System
3	Dylan Schmid	M	18	Junior	91.2	93	167.5	175	-182.5	175	107.5	115	-120	115	185	195	200	200	485	311.54	Elemental Athletes
Junior Männer -105 Kg																					
1	Erik Schwarzenbach	M	21	Junior	101.8	105	252.5	267.5	-280	267.5	162.5	172.5	177.5	172.5	257.5	272.5	280	280	720	439.81	Elemental Athletes
Master Männer -83 Kg																					
1	Mathias Braun	M	47	Master	81.3	83	190	-195	195	195	125	130	135	135	190	202.5	212.5	212.5	542.5	367.89	Schwerathletik Nordwest
Master Männer -93 Kg																					
1	Manuel Scherzinger	M	42	Master	88.1	93	180	190	195	195	110	115	-117.5	115	230	245	-250	240	550	359.53	Outcast Strength System
2	Ricardo Moroney	M	40	Master	81.6	93	170	177.5	185	185	97.5	105	112.5	112.5	192.5	202.5	215	215	512.5	338.69	Geneva Powerlifting
Master Männer -105 Kg																					
1	André Rötter	M	47	Master	102.5	105	272.5	282.5	-295	282.5	182.5	190	-200	190	210	227.5	250	250	637.5	312.15	Schwerathletik Nordwest
2	Tobias Nager	M	42	Master	103.7	105	175	175	187.5	187.5	100	110	-115	110	195	207.5	-215	207.5	505	306.11	Powerlifting Wini
Bench Only Frauen nach Dots																					
1	Lou Malika Derder	F	25	Open	66.4	69	66	66		66	87.5	92.5	95	95	95			95	99.02	Perfyum	
2	Daniela Niklaus	F	39	Open	67.3	69	67.5	67.5		67.5	82.5	85	85	85	85			85	87.90	Schwerathletik Nordwest	
3	Jasna Thomi	F	34	Open	69.1	69	83	83		83	90	95	95	95	95			95	85.07	Bienna Powerlifting	
4	Dana Gensbühler	F	34	Open	68.6	69	68.5	68.5		68.5	75	80	80	80	80			80	77.5	77.5	77.5
5	Saskia Senn	F	27	Open	66.4	69	67.5	67.5		67.5	60	62.5	60	60	60			60	62.54	Outcast Strength System	
6	Aurélie Seré	F	25	Open	74.4	76	45	50		50	52.5	50	50	50	50			50	48.93	C.H. Châtelaine Section halérophilie	
Bench Only Männer nach Dots																					
1	Victor Gaultier	M	26	Open	62	66	62	62		62	145.5	150.5	156.5	156.5	156.5			156.5	156.5	128.64	Kraftdrempf Klub der Sportfreunde
2	Hugo Decosterd	M	26	Open	90.9	93	165	170		170	170	172.5	170	170	170			170	109.38	Nordic Barbell Club	
3	Yao Han Ang	M	38	Open	130.4	120+	175	185		185	185	192.5	185	185	185			185	103.49	One Rep Strength	
4	Raphael Benzler	M	24	Open	93	93	150	150		150	87	87	87	87	87			87	58.70	Outcast Strength System	
5	Leo Toffel	M	21	Junior	92.9	93	137.5	142.5		142.5	147.5	147.5	147.5	147.5	147.5			147.5	93.90	Nordic Barbell Club	
6	Anthony Fornachon	M	24	Open	84.3	93	137.5	137.5		137.5	140	140	140	140	140			140	93.70	Nordic Barbell Club	
7	Berjamin Meier	M	26	Open	95	105	140	145		145	145	147.5	145	145	145			145	61.33	Outcast Strength System	
8	Giulio Lorenzetti	M	20	Junior	95.3	105	117.5	122.5		122.5	117.5	117.5	117.5	117.5	117.5			117.5	73.90	One Rep Strength	
DD	Berjamin Meier	M	28	Open	83.4	93	180	190.5		190.5	190.5	190.5	190.5	190.5	190.5			190.5	101.33	Elemental Athletes	
Bench Only Equipped Männer																					
1	Isiah Raza	M	30	Open	97.1	105	155	162.5		162.5	162.5	162.5	162.5	162.5	162.5			162.5	162.5	101.33	Outcast Strength System