

## Resultate Junioren, Master und Bench SM 2023 Zizers

Subjunioren Frauen -69 Kg																					
Rang	Name	Geschlecht	Alter	Alterskategorie	Körpergewicht	Gewichtsklasse	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Team
1	Sophia Meier	F	17	Subjunior	68.4	69	95	100	105	105	52.5	55	60	55	95	100	105	105	265	271.51	Team Powerlifting Wtl
Junioren Frauen -57 Kg																					
1	Yelyzaveta Lisa Timashkova	F	21	Junior	56	57	95	100	105	105	52.5	55	60	55	130	135	142.5	142.5	300	347.74	Team One Rep Strength
Junioren Frauen -69 Kg																					
1	Jessica Jeremaes	F	22	Junior	64.5	69	127.5	135	140.5	140.5	80.5	85.5	90	90	145	155	162.5	162.5	393	416.72	Team Geneva Powerlifting
2	Anja Buchmann	F	20	Junior	67.1	69	112.5	120	125	120	77.5	80	80	80	150	160	160	150	350	362.58	Team Kraftdreikampf Klub der Sportfreunde
Junioren Frauen -76 Kg																					
1	Florian Mondoux	F	21	Junior	70.4	76	110	120	120	120	65	70	75	70	145	150	152.5	152.5	342.5	345.25	Team Bull powerlifting club
Master 2 Frauen -63 Kg																					
1	Ana Brake	F	54	Master 2	59.3	63	-62.5	62.5	-67.5	62.5	40	45	50	50	77.5	82.5	87.5	87.5	200	223.36	Team One Rep Strength
Master 2 Frauen 84+ Kg																					
1	Angie Clark	F	54	Master 2	103.7	84+	130	137.5	140.5	140.5	90	95.5	98	95.5	157.5	168	172.5	172.5	408.5	343.82	Team Beo Barbell Club
Subjunioren Männer -66 Kg																					
1	Florian Beeler	M	17	Subjunior	63.9	66	160	167.5	167.5	167.5	90	95	100	95	160	167.5	172.5	172.5	435	349.25	Team Powerlifting Verein Cross Arena Glarnerland
Subjunioren Männer -74 Kg																					
1	Mathias Vigh	M	15	Subjunior	66.8	74	165	175	180	180	87.5	95	100	100	205	218	238.5	238.5	518.5	402.67	Team Bull powerlifting club
2	Iljas Seidel	M	17	Subjunior	73	74	180	180	190.5	190.5	105	112.5	117.5	117.5	190	200	210	210	518	378.21	Team Geneva Powerlifting
3	Luca Manganaro	M	17	Subjunior	73.07	74	150	150	160	160	100	102.5	110	102.5	200	210	210	210	472.5	344.77	Team Bienna Powerlifting
Subjunioren Männer -83 Kg																					
1	Damien Kappeler	M	18	Subjunior	82	83	155	165	175	175	125	132.5	137.5	132.5	200	212.5	220	220	527.5	358.56	Team Geneva Powerlifting
2	Matteo Aerschmann	M	17	Subjunior	82.5	83	182.5	195	207.5	207.5	102.5	112.5	115	115	185	197.5	212.5	197.5	520	352.24	Team Bull powerlifting club
Junioren Männer -66 Kg																					
1	Andrés Ahumada	M	22	Junior	66	66	162.5	172.5	177.5	177.5	105	110	115	115	200	217.5	225	217.5	510	399.60	Team Geneva Powerlifting
2	Leo Rossetti	M	20	Junior	66	66	132.5	137.5	140	137.5	95	100	102.5	102.5	187.5	197.5	202.5	202.5	442.5	346.71	Team Powerlifting Lausanne
3	Ala-Eddine Cheurfa	M	23	Junior	65.6	66	142.5	150	155	150	90	97.5	100	90	185	195	200	195	435	342.38	Team Geneva Powerlifting
Junioren Männer -74 Kg																					
1	Davide Carciola	M	18	Junior	72.7	74	140	150	155	140	80	87.5	92.5	87.5	200	212.5	217.5	212.5	440	322.13	Team Powerlifting Wtl
Junioren Männer -83 Kg																					
1	Lukas Tannheimer	M	21	Junior	81	83	230	230	240	240	115	120	120	120	220	230	232.5	232.5	592.5	405.60	Team Kraftdreikampf Klub der Sportfreunde
2	Raphael Reinhalter	M	23	Junior	82.1	83	165	172.5	180	172.5	122.5	130	136.5	130	202.5	202.5	230	230	532.5	361.71	Team Outcast Strength System
3	Leandro Caspar	M	19	Junior	82.7	83	172.5	185	195	195	115	125	127.5	125	212.5	225	225	212.5	532.5	360.22	Team Outcast Strength System
4	Björn Stoller	M	23	Junior	82.7	83	145	155	160	155	112.5	117.5	117.5	112.5	155	165	175	175	442.5	299.34	Team Beo Barbell Club
Junioren Männer -93 Kg																					
1	Erk Schwarzenbach	M	20	Junior	92.8	93	220	230	240	240	145	152.5	160	160	240	252.5	265	265	665	423.55	Team Elemental Athletes
2	Remi Tregan	M	21	Junior	85	93	217.5	230	240	240	127.5	135	140	140	245	265	285	265	645	429.73	Team Outcast Strength System
3	Janne Dvorak	M	18	Junior	91.8	93	195	207.5	215	215	142.5	150	157.5	157.5	232.5	247.5	250	250	622.5	398.57	Team Kraftdreikampf Klub der Sportfreunde
4	Benjamin Hostettler	M	19	Junior	90.3	93	210	222.5	230	230	117.5	125	132.5	125	222.5	235	245	235	590	380.86	Team Outcast Strength System
5	Andreas Laourdas	M	21	Junior	92.1	93	175	185	195	195	120	127.5	132.5	127.5	212.5	225	240	240	562.5	359.58	Team Outcast Strength System
6	Fabian Fischer	M	19	Junior	91.8	93	25	185	195	25	132.5	140	147.5	140	75	225	240	75	240	153.67	Team Outcast Strength System
Junioren Männer -105 Kg																					
1	Botond-David Zsigmond	M	20	Junior	101.1	105	245	260	270	260	145	157.5	162.5	157.5	240	260	270	260	677.5	415.06	Team Geneva Powerlifting
Junioren Männer 120+ Kg																					
1	Clement Bourqui	M	18	Junior	145.4	120+	260	270	280	260	145	152.5	160	152.5	240	250	250	240	652.5	353.86	Team Bull powerlifting club
Master -83 Kg																					
1	Mathias Braun	M	45	Master	82	83	200	215	220	220	125	135	140.5	135	180	205	215	215	570	387.45	Team Schwerathletik Nordwest
2	Daniel Bomberger	M	48	Master	78.3	83	120	127.5	132.5	132.5	85	90	92.5	92.5	180	190	200	200	425	296.84	Team Powerlifting Beider Basel
Master -93 Kg																					
1	Luigi De Rosa	M	45	Master	88.2	93	180	190	200	200	110	115	120	115	190	200	212.5	212.5	527.5	344.62	Team Elemental Athletes
2	Manuel Scherzinger	M	41	Master	89.5	93	160	167.5	175	175	107.5	112.5	115	112.5	230	230	230	230	517.5	335.56	Team Outcast Strength System
3	Manuel Meyer	M	44	Master	90.6	93	155	165	170	165	110	117.5	120	117.5	185	202.5	207.5	207.5	490	315.78	Team Kraftdreikampf Klub der Sportfreunde
Master 3 -93 Kg																					
1	Peter Hofer	M	60	Master 3	85.2	93	165	175	180	180	110	115	120.5	115	210	222.5	230	230	525	349.34	Team Schwerathletik Nordwest
Open Bench Only -105 Kg																					
1	Julian Kohler	M	28	Open	98.9	105	172.5	180	180	180	110	115	120	180	210	222.5	230	230	180	111.33	Team Schwerathletik Nordwest
2	Juan Antonio Pinillo	M	32	Open	102	105	160	170	175	175	110	115	120	115	180	190	200	200	162.5	99.18	Team Bienna Powerlifting
Master 3 Bench Only -120 Kg																					
1	Jakob Kühne	M	62	Master 3	115	120	160	170	175	175	120	125	132.5	127.5	210	222.5	230	230	127.5	74.30	Team Powerlifting Nordostschweiz

Best Lifter Overall