

Resultate Junioren, Master & Bench SM 2022 Luzern

Junioren -84 kg nach Dots																						
Rang	Name	Geschlecht	Alter	Altersklasse	Körpergewicht	Gewichtsklasse	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Team	
1	Verónica Gattuso	F	23	Junior	66.4	84	125	132.5	-138	132.5	70	75	78	78	155	165	170	170	380.5	396.59	Kraftdreikampf Klub der Sportfreunde	
2	Nadine Schöb	F	23	Junior	75.8	84	147.5	-157.5	-157.5	147.5	70	75	77.5	77.5	165	172.5	-185	172.5	397.5	385	Powerlifting Wil	
3	Carina Hess	F	22	Junior	61.2	84	110	117.5	-125	117.5	62.5	-67.5	-67.5	62.5	150	157.5	-163	157.5	337.5	369.52	Powerlifting Wil	
4	Maya Vuadens	F	23	Junior	84	84	147.5	155	-160	155	77.5	-85	-85	77.5	150	157.5	-165	157.5	390	358.86	Geneva Powerlifting	
5	Anja Buchmann	F	19	Junior	65.3	84	100	105	107.5	107.5	67.5	70	72.5	72.5	142.5	150	-155	150	330	347.36	Kraftdreikampf Klub der Sportfreunde	
6	Riccarda Küng	F	22	Junior	75.5	84	120	-122.5	-122.5	120	65	-67.5	-67.5	65	150	-152.5	-152.5	150	335	325.14	Elemental Athletes	
7	Yelyzaveta Timashkova	F	20	Junior	56.1	84	85	92.5	-96	92.5	45	47.5	-50	47.5	115	122.5	-125	122.5	262.5	303.91	One Rep Strength	
Damen Master -84 kg nach Dots																						
Rang	Name	Geschlecht	Alter	Altersklasse	Körpergewicht	Gewichtsklasse	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Team	
1	Iryna Kupryienka	F	41	Master	61.9	84	102.5	-107.5	-107.5	102.5	62.5	-67.5	-67.5	62.5	105	115	-122.5	115	280	304.41	Schwerathletik Nordwest	
NS	Ana Brake	F	53	Master																	One Rep Strength	
NS	Angie Clark	F	53	Master																	Elemental Athletes	
Subjunioren -93 kg nach Dots																						
Rang	Name	Geschlecht	Alter	Altersklasse	Körpergewicht	Gewichtsklasse	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Team	
1	Benjamin Hostettler	M	18	Subjunior	91.7	93	202.5	215.5	225	225	112.5	120	125	125	202.5	215	225	225	575	368.35	Outcast Strength System	
2	Janne Dvorak	M	17	Subjunior	91.8	93	-170	170	180	180	120	127.5	132.5	132.5	-205	217.5	228	228	540.5	346.07	Kraftdreikampf Klub der Sportfreunde	
3	Damien Kappeler	M	17	Subjunior	81.1	93	140	147.5	157.5	157.5	105	112.5	-120	112.5	180	190	197.5	197.5	467.5	319.8	Geneva Powerlifting	
4	Ilias Seidel	M	16	Subjunior	65.2	93	142.5	150	-155	150	85	-90	95	95	140	155	-170	155	400	316.28	Geneva Powerlifting	
5	Nils Rubitschon	M	17	Subjunior	91.2	93	130	137.5	145	145	95	100	105	105	180	-190	-190	180	430	276.21	Outcast Strength System	
Junioren -74 kg nach Dots																						
Rang	Name	Geschlecht	Alter	Altersklasse	Körpergewicht	Gewichtsklasse	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Team	
1	Andrés Ahumada	M	21	Junior	64.1	74	130	140	-150	140	75	82.5	85	85	165	177.5	-190	177.5	402.5	322.38	Geneva Powerlifting	
DQ	Duarte Da Silva	M	20	Junior	57.4	74	172.5	-177.5	-177.5	172.5	-105	-105	-105		150	152.5	157.5	157.5			Geneva Powerlifting	
NS	Bryan Marini	M	19	Junior																	Geneva Powerlifting	
NS	Eduardo Germann	M	19	Junior																	Geneva Powerlifting	
Junioren -83 kg nach Total																						
Rang	Name	Geschlecht	Alter	Altersklasse	Körpergewicht	Gewichtsklasse	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Team	
1	Dominik Mühlematter	M	23	Junior	81.4	83	190	201	207.5	207.5	130	136	-141	136	215	230	-235	230	573.5	391.48	Beo Barbell Club	
2	Lukas Tannheimer	M	20	Junior	80.3	83	195	205	210	210	107.5	115	-120	115	210	220	225	225	550	378.42	Kraftdreikampf Klub der Sportfreunde	
3	Loïc Ndongmo	M	20	Junior	78.6	83	182.5	195	200	200	110	-117.5	-117.5	110	220	-230	-230	220	530	369.33	Geneva Powerlifting	
4	Zejdul Hajr Supuk	M	21	Junior	81.6	83	170	-180	180	180	120	130	-140	130	210	-225	-225	210	520	354.46	Elemental Athletes	
5	Gustavo Linder	M	22	Junior	78.7	83	170	180	-187.5	180	110	-117.5	117.5	117.5	180	190	195	195	492.5	342.93	Geneva Powerlifting	
G	Sascha Schultz	M	21	Junior	78.7	83	185	195	202.5	202.5	97.5	105	110	110	205	220	227.5	227.5	540	376.01	Schwerathletik Nordwest	
Junioren -105 kg nach Dots																						
Rang	Name	Geschlecht	Alter	Altersklasse	Körpergewicht	Gewichtsklasse	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Team	
1	Tim Härdegger	M	23	Junior	90.3	105	217.5	-232.5	235	235	132.5	140	145	145	255	267.5	-280	267.5	647.5	417.97	Powerlifting Wil	
2	Remi Tregan	M	20	Junior	86.1	105	212.5	225	235	235	127.5	135	140	140	230	245	255	255	630	416.84	Outcast Strength System	
3	Erik Schwarzenbach	M	19	Junior	92.4	105	212.5	225	-235	225	145	152.5	-160	152.5	230	245	255	255	632.5	403.69	Elemental Athletes	
4	Mathias Emberger	M	23	Junior	101.2	105	220	230	-232.5	230	125	137.5	-145	137.5	245	252.5	255	255	622.5	381.2	Elemental Athletes	
5	Jonathan Cuennet	M	19	Junior	92.2	105	-190	200	210	210	140	150	-155	150	205	220	-230	220	580	370.57	CLHM	
6	Gaël Bauer	M	21	Junior	91.3	105	192.5	200	-210	200	127.5	135	-140	135	225	235	-250	235	570	365.94	Geneva Powerlifting	
Herren Master -105 kg nach Dots																						
Rang	Name	Geschlecht	Alter	Altersklasse	Körpergewicht	Gewichtsklasse	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Team	
1	Peter Hofer	M	59	Master	86.2	105	170	177.5	182.5	182.5	115	120	-122.5	120	215	225	230	230	532.5	352.11	Schwerathletik Nordwest	
2	Manuel Scherzinger	M	40	Master	87.5	105	150	160	-165	160	105	110	112.5	112.5	212.5	222.5	230	230	502.5	329.65	Outcast Strength System	
3	Luigi De Rosa	M	44	Master	90.4	105	-175	175	-185	175	115	122.5	125	125	190	200	210	210	510	329.03	Elemental Athletes	
4	Manuel Meyer	M	43	Master	91.4	105	155	165	170	170	110	-115	-115	110	175	190	200	200	480	307.99	Kraftdreikampf Klub der Sportfreunde	
5	Anton Rüschi	M	44	Master	81.7	105	140	150	157.5	157.5	92.5	97.5	-100	97.5	170	180	190	190	445	303.12	Geneva Powerlifting	
6	Christian Puntel	M	46	Master	96.4	105	145	-155	160	160	112.5	122.5	-130	122.5	180	192.5	200	200	482.5	301.87	Schwerathletik Nordwest	
7	Stefan Bur	M	55	Master	72.1	105	125	132.5	137.5	137.5	90	95	-100	95	130	140	147.5	147.5	380	279.75	Schwerathletik Nordwest	
8	David Lonsdale	M	45	Master	71.8	105	105	110	115	115	75	82.5	-85	82.5	150	160	165	165	362.5	267.61	Crossfort Kraftsport	
NS	Mathias Braun	M	44	Master																	Schwerathletik Nordwest	
Herren Bench Only																						
Rang	Name	Geschlecht	Alter	Altersklasse	Körpergewicht	Gewichtsklasse	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Team	
1	Julian Kohler	M	27	Open	94.1	105					175	180	182.5	182.5					182.5	115.47	Schwerathletik Nordwest	

* Best Lifter Overall