

Resultate Junioren, Master und Bench Schweizermeisterschaft 2021 Zürich

Junioren																					
Rang	Name	Geschlecht	Alter	Division	Körpergewicht	Gewichtsklasse	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Team
1	Riccarda Kung	F	21	Juniors	75	-76	137.5	146	-148	146	67.5	70	72.5	72.5	167.5	177.5	185.5	185.5	404	393.49	Elemental Athletes
2	Carina Hess	F	21	Juniors	61.5	-63	120	125	-130	125	60	62.5	-65	62.5	142.5	152.5	160	160	347.5	379.32	Powerlifting Wil
3	Nadine Schöb	F	22	Juniors	75	-76	130	140	146.5	146.5	70	72.5	-75	72.5	160	170	-177.5	170	389	378.88	Powerlifting Wil
4	Christine Röthlisberger	F	22	Juniors	68.4	-69	115	122.5	127.5	127.5	57.5	62.5	65	65	120	132.5	140	140	332.5	340.67	Schwerathletik Nordwest
5	Anja Buchmann	F	18	Juniors	63.5	-69	80	85	92.5	92.5	47.5	52.5	-55	52.5	105	115	122.5	122.5	267.5	286.32	Kraftdreikampf Klub der Sportfreunde
NS	Jessica Jeremaes	F	20	Juniors																	Geneva Powerlifting
NS	Maya Vuadens	F	22	Juniors																	Geneva Powerlifting
Damen Master																					
Rang	Name	Geschlecht	Alter	Division	Körpergewicht	Gewichtsklasse	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Team
1	Angie Clark	F	52	Master	115.5	84	120	130	140	140	85	90.5		90.5	160	-170	-170	160	390.5	316.87	Kraftsportverein Thun/Berner Oberland
2	Inna Kupryienka	F	40	Master	63.7	-69	92.5	97.5	-102.5	97.5	52.5	57.5	60	60	92.5	100	107.5	107.5	265	283.11	Schwerathletik Nordwest
Damen Bench Only																					
Rang	Name	Geschlecht	Alter	Division	Körpergewicht	Gewichtsklasse	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Team
1	Krystyna Waterhouse	F	26	Bench only	86.1	+84					102.5	107.5	110.5	110.5					110.5	100.51	Kraftdreikampf Klub der Sportfreunde
2	Andrea Marx	F	28	Bench only	69.7	-76					87.5	92.5	-95	92.5					92.5	93.77	Schwerathletik Nordwest
3	Deborah Pungitore	F	31	Bench only	62.4	-63					76	79	82	82					82	88.71	Schwerathletik Nordwest
4	Malgorzata Becker	F	31	Bench only	82.9	-84					90	-95	-95	90					90	83.34	Kraftdreikampf Klub der Sportfreunde
NS	Ceyda Yildirim	F	25	Bench only																	Outcast Strength System
NS	Mary Kiru	F	34	Bench only																	Kraftdreikampf Klub der Sportfreunde
DQ	Victoria Moser	F	23	Bench only	74.2	-76					-80	-80									Powerlifting Wil
Junioren																					
Rang	Name	Geschlecht	Alter	Division	Körpergewicht	Gewichtsklasse	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Team
1	Remi Tregan	M	19	Juniors	87.8	-93	215	228	238	238	132.5	140	145	145	250.5	265	-275	265	648	424.34	Outcast Strength System
2	Bryan Marini	M	18	Juniors	76.5	-83	175	185	-187.5	185	110	-117.5	-117.5	110	217.5	227.5	235	235	530	375.51	Barbell Club Landquart
3	Jonas Wyss	M	23	Juniors	78.1	-83	180	187.5	195	195	102.5	110	115	115	190	205	215	215	525	367.26	Schwerathletik Nordwest
4	Loic Ndongmo	M	19	Juniors	75.4	-83	165	-175	175	175	95	100	-105	100	195	210	-220	210	485	346.77	Geneva Powerlifting
5	Benjamin Hostettler	M	17	Juniors	83.9	-93	160	172.5	183	183	97.5	102.5	105	105	200	210	-215	210	498	334.18	Outcast Strength System
6	Cédric Schöni	M	23	Juniors	81.4	-83	160	-167.5	170	170	100	110	-115	110	180	192.5	-200	192.5	472.5	322.53	Powerlifting Wil
7	Gustavo Linder	M	21	Juniors	71.4	-74	135	145	152.5	152.5	85	90	95	95	170	180	182.5	182.5	430	318.64	Geneva Powerlifting
8	Timothy Inkoom	M	23	Juniors	78.2	-83	145	157.5	-167.5	157.5	95	-100	105	105	170	185	-200	185	447.5	312.80	Geneva Powerlifting
9	Elias Bloch	M	22	Juniors	75.4	-83	125	135	140	140	85	90	-95	90	180	-185	185	185	415	296.72	Schwerathletik Nordwest
10	Joel Schipper	M	20	Juniors	69.3	-74	130	132.5	-137.5	132.5	100	105	-110	105	140	145	150	150	387.5	293.12	Powerlifting Nordostschweiz
NS	Alessandro Jeremaes	M	22	Juniors																	Geneva Powerlifting
Herren Master																					
Rang	Name	Geschlecht	Alter	Division	Körpergewicht	Gewichtsklasse	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Team
1	Matthias Braun	M	43	Master	82.1	-83	210	222.5	232.5	232.5	120	-130	130	130	210	230	-242.5	230	592.5	402.47	Schwerathletik Nordwest
2	Peter Hofer	M	58	Master	86.3	-93	170	175	182.5	182.5	115	120	-122.5	120	210	215	220	220	522.5	345.28	Schwerathletik Nordwest
3	Peter Schönenberger	M	50	Master	102	-105	150	160	175	175	145	152.5	-160	152.5	190	200	210	210	537.5	328.06	Powerlifting Nordostschweiz
4	Richard Freid	M	60	Master	69	-74	100	110	112.5	112.5	70	75	-78	75	142.5	152.5	162.5	162.5	350	265.56	Powerlifting Wil
Herren Bench Only																					
Rang	Name	Geschlecht	Alter	Division	Körpergewicht	Gewichtsklasse	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Team
1	Jérôme Wittwer	M	39	Bench only	100.9	-105					170	180	185	185					185	113.43	Powerlifting Nordostschweiz
2	Julian Kohler	M	25	Bench only	92.2	-93					167.5	174	-177.5	174					174	111.17	Schwerathletik Nordwest
3	Isaiiah Raza	M	27	Bench only	95.8	-105					145	152.5	-160	152.5					152.5	95.68	Outcast Strength System
4	Maximilian Gödicke	M	30	Bench only	92.5	-93					135	142.5	-150	142.5					142.5	90.90	Kraftdreikampf Klub der Sportfreunde
5	Niklaus Haldimann	M	23	Bench only	95.8	-105					130	-140	-140	130					130	81.57	Kraftsportverein Thun/Berner Oberland
6	Aran Nirandorn	M	43	Bench only	91.5	-93					112.5	117.5	-122.5	117.5					117.5	75.35	Outcast Strength System
NS	Kevin Widmer	M	23	Bench only																	Schwerathletik Nordwest
NS	William Kissonga	M	29	Bench only																	Kraftdreikampf Klub der Sportfreunde
DQ	Simon Molinari	M	21	Bench only	92.1	-93					-165	-165	-165								Powerlifting Verein Cross Arena Glarnerland