

Resultate Open Schweizermeisterschaft 2024 Ottenbach

Rang	Name	Geschlecht	Alter	Körpergewicht	Gewichtsklasse	Squat 1 (Kg)	Squat 2 (Kg)	Squat 3 (Kg)	Best Squat (Kg)	Bench 1 (Kg)	Bench 2 (Kg)	Bench 3 (Kg)	Best Bench (Kg)	Deadlift 1 (Kg)	Deadlift 2 (Kg)	Deadlift 3 (Kg)	Best Deadlift (Kg)	Total (Kg)	Points (Dots)	Team
1	Lola Trempe	F	25	51.5	52	105	110	115	115	72.5	77.5	80	80	117.5	125	130	130	325	398.82	Nordic Barbell Club
2	Miyane Uchi	F	20	51.7	52	107.5	112.5	117.5	112.5	62.5	67.5	65	65	122.5	130	137.5	130	307.5	376.33	CLUM

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1	Anouk Wandeler	F	26	54.2	57	127.5	135	140.5	135	70	72.5	77.5	77.5	155	163	170	163	375.5	444.87	Kraftkämpf Klub der Sportfreunde
2	Livia Andriano Toso	F	24	54.8	57	105	107.5	107.5	107.5	57.5	62.5	65	62.5	130	140	142.5	130	310	326	Powerlifting Lausanne
3	Morgane Zbinden	F	29	55.9	57	105	110	115	110	55	57.5	60	57.5	127.5	132.5	137.5	137.5	305	353.95	Powerlifting Lausanne

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1	Anna Henzi	F	31	59.5	63	132.5	140	145	145	95	100	103.5	103.5	155	165	170	170	416.5	464.16	Barbell Club Landquart
2	Kaja Aeschbacher	F	25	62.6	63	147.5	147.5	152.5	147.5	85	87.5	87.5	87.5	177.5	187.5	187.5	177.5	416.5	464.38	Outcast Strength System
3	Clara Zeller	F	39	62.2	63	125	130	135	130	75	77.5	77.5	75	170	175	182.5	182.5	425.45	465.53	Schwerathletik Nordwest
4	Victoria Rimensberger	F	34	62.6	63	145	150	155	150	70	75	77.5	75	160	167.5	172.5	167.5	392.5	423.78	Powerlifting Lausanne
5	Nadine Weiss	F	29	61.6	63	122.5	127.5	132.5	127.5	70	72.5	72.5	70	155	160	165	165	362.5	395.29	Outcast Strength System
6	Carina Hess	F	24	63	63	117.5	125	132.5	125	70	72.5	72.5	70	165	170	175	165	389.87	Powerlifting Wtl	
7	Bilchof Larissa	F	24	63	63	122.5	122.5	130	130	75	80	80	75	140	150	157.5	150	355	381.81	Outcast Strength System
8	Madon Kueck	F	20	62.5	63	110	117.5	125	117.5	72.5	77.5	77.5	72.5	140	150	150	350	372.27	404 Barbell Powerlifting Club	
9	Vorshaba Rakotoniana	F	46	62	63	110	120	125	125	55	55	57.5	55	135	140	150	150	330	358.42	Atlas Gym

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1	Chiara Laraschi	F	26	66.5	69	167.5	172.5	172.5	172.5	85	87.5	87.5	87.5	192.5	201	206	206	466	485.38	Kraftkämpf Klub der Sportfreunde
2	Andrea Marx	F	31	67.8	69	140	150	155	155	85	90	92.5	92.5	170	185	192.5	192.5	440	453.09	Schwerathletik Nordwest
3	Jana Wolf	F	33	63.9	69	160	170	178	170	77.5	77.5	82.5	82.5	170	180	185	185	421.5	465.53	Outcast Strength System
4	Verónica Gastuso	F	25	67.1	69	142.5	150	155	155	80	85	87.5	87.5	170	180	190	190	422.5	437.69	Kraftkämpf Klub der Sportfreunde
5	Deborah Pungione	F	34	68.8	69	137.5	145	150	150	87.5	92.5	95	95	155	165	172.5	172.5	417.5	426.34	Elemental Athletics
6	Arijah Rushman	F	21	65.4	69	122.5	130	135	130	80	85	87.5	87.5	165	185	185	185	402.5	423.29	Kraftkämpf Klub der Sportfreunde
7	Ceyda Raza	F	28	67.9	69	145	152.5	152.5	145	82.5	85	87.5	87.5	145	152.5	160	160	392.5	403.84	Outcast Strength System
8	Dender Lou Malika	F	25	67.9	69	102.5	110	112.5	102.5	85	90	95	90	120	127.5	132.5	127.5	320	329.24	Powerlifting Lausanne

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1	Nadine Schob	F	25	74.7	76	160	170	180	180	80	85	85	85	185	205	207	207	472	469.69	Powerlifting Winti
2	Laura Reig	F	32	70.9	76	135	145	152.5	145	77.5	82.5	85	85	175	182.5	190	190	427.5	450.24	Outcast Strength System
3	Marine Schmetz	F	30	74.9	76	150	150	157.5	157.5	85	92.5	97.5	97.5	150	162.5	172.5	172.5	415	416.67	Perfym
4	Tamara Thoma	F	31	71.1	76	122.5	127.5	130	130	85	90	92.5	90	152.5	162.5	170	170	390	396.98	Elemental Athletics
5	Nadine Schmetz	F	30	74.5	76	127.5	132.5	135	135	82.5	85	87.5	85	147.5	162.5	162.5	162.5	382.5	382.5	One Rep Strength

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1	Gabriela Tamassia	F	31	81.1	84+	150	157.5	165	165	97.5	102.5	107.5	102.5	165	175	185	185	452.5	397.54	Elemental Athletics
2	Jana Thoni	F	34	87.7	84+	142.5	152.5	160	160	82.5	87.5	92.5	92.5	177.5	177.5	187.5	187.5	432.5	390.08	Bienna Powerlifting
3	Victoria Raiser	F	29	81.2	84+	140	140	140	140	87.5	90	92.5	90	160	170	180	180	410	341.66	Atlas Gym
4	Stephanie Glanzmann	F	42	89.3	84+	135	135	135	135	67.5	70	72.5	72.5	180	190	190	180	400	341.66	Outcast Strength System

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1	Victor Gaultier	M	26	58.3	59	150	160	167.5	160	140	145	150	145	170	180	190	190	405	427.93	Kraftkämpf Klub der Sportfreunde

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1	Romain Mendes	M	32	64.6	66	190	200	205	200	135	140	143	143	210	220	230	230	573	456.24	Geneva Powerlifting
2	Leonardo Ruscino	M	23	65.5	66	192.5	200	210	210	122.5	127.5	130	130	200	220	235	230	560	441.27	Kraftkämpf Klub der Sportfreunde

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1	Alain Jost	M	27	73.3	74	225.5	238	243	238	152.5	160	165	160	207.5	214	217.5	217.5	695.5	506.43	Outcast Strength System
2	Adel Al Louadi	M	25	71.6	74	210	220	225	220	165	172.5	172.5	165	205	216.5	216.5	216.5	678	495.46	Elemental Athletics
3	Aurélien Deltillie	M	20	73.7	74	210	220	227.5	227.5	140	145	150	145	235	250	257.5	250	622.5	451.67	Powerlifting Lausanne
4	Kevin Merino	M	17	73.9	74	190	200	200	190	135	140	147.5	140	207.5	210	215	215	585	423.71	Atlas Gym
5	Mathias Vigh	M	21	68.9	70	180	190	200	200	110	115	120	120	222.5	240	250	240	565	423.13	Nordic Barbell Club
6	Matteo Charvin	M	20	72.7	74	170	182.5	182.5	182.5	95	100	107.5	107.5	200	210	215	215	505	369.72	Powerlifting Lausanne

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1	Patrick Kuzi	M	25	82.1	83	250	262.5	268	268	175	185	188	188	275	300	305.5	305.5	711.5	517.36	Outcast Strength System
2	Vito Afrino	M	36	81.8	83	225	237.5	247.5	247.5	130	140	145	145	275	290	296	296	696.5	475.46	Barbell Club Landquart
3	Swen Sigrist	M	38	81.8	83	222.5	231.5	241.5	241.5	140	152.5	157.5	152.5	285	300	305	305	675	475.46	Elemental Athletics
4	Adrian van Solde	M	31	82.2	83	232.5	245	255	245	135	122.5	127.5	127.5	242.5	257.5	270	270	642.5	456.13	Kraftkämpf Klub der Sportfreunde
5	Federico Gandola	M	22	80.6	83	210	222.5	230	222.5	140	147.5	150	140	260	275	300	300	675	457.66	Kraftkämpf Klub der Sportfreunde
6	Ilyar Zlatkov	M	34	82.2	83	217.5	225	232.5	225	135	137.5	140	140	235	252.5	260	260	625	424.35	Kraftkämpf Klub der Sportfreunde
7	Anthony Fernachon	M	24	81.7	83	205	212.5	220	220	132.5	137.5	140	137.5	247.5	260	265	265	622.5	424.03	Nordic Barbell Club
8	Dominik Malmannetter	M	25	82.7	83	200	210	215	210	142.5	150	152.5	150	235						